

Copenhagen Aikido Club



Is once again proud to present

Miles

Kessler (5.th dan)

27th & 28th of February 2010

Place: Strandvejsskolen, Sionsgade 1,
2100 Copenhagen ø

Price: 450 dkr (incl. lunch)

Registration: Torben@aikido-copenhagen.dk

Check in: Saturday 10:00.

Check out: Sunday 15:00.

The Theme for this seminar is **Ukemi** but
bring Bokken & Jo !

Miles Kessler has been training aikido since 1985. Miles has trained for 8 years in Japan the dojo of the late Morihiro Saito Sensei in Iwama. Miles has been teaching internationally since 1997. Since 2005 he has lived and taught in Tel Aviv and has recently opened Integral Aikido Dojo in a new location in Tel Aviv.

Miles is also one of the Middle East leaders of the project "Aikido Without Borders", that tries to bring Aikido out to parts of the world where conflicts and border separate people/cultures.

Any questions please feel free to contact us:

Torben@aikido-copenhagen.dk , Caroline@aikido-copenhagen.dk, seminar@aikido-copenhagen.dk, www.aikido-copenhagen.dk

“Aikido without Borders” Friday 26th of February 2010

Right before this Miles Kessler seminar we have a special fund-raising event on Friday the 26th of february, where Miles besides teaching aikido, also tells about the NGO-project “Aikido Without Borders”(AWB).

AWB is dedicated to bringing the practice of aikido to areas of conflict where borders, both real and imagined, perpetuate a culture of separation and conflict. Miles Kessler is a big part of this project, which has, since 2005, been active in Israel, East Jerusalem and the West Bank. Miles teaches aikido in these areas, and in seminars try to bring both israelis and palestinians together through the practice of Aikido



AWB has also started a regular Aikido Kids project at the SOS school in Bethlehem. Miles Kessler and other aikido instructors teach aikido at the SOS Children's village in Bethlehem. SOS Children Village has been active in the field of children's rights, needs and concerns since 1949. SOS's activities focus on children without parental care and children of families in difficult circumstances.

“I had the pleasure of visiting the SOS Children's Village together with Miles Kessler and other European aikido instructors last December, and it was an amazing experience! To see the joy in the faces of the children during aikido practice, was totally worth the trip to Palestine. AWB is trying to provide the children with aikido training gis. We were also 3 female instructors who got the chance to teach the women who works at the Village, some Aikido. Great fun in a very serious place!” *Caroline Hansen KAK*



Fund-raising Aikido training with Miles Kessler:

Entré : 75 dkr (all the money goes to AWB)

Place: Copenhagen Aikido Club, Idrætshuset,

Gunnar Nu Hansens plads 7, 2100 Cph Ø

Time/date: 18:00-20:00 the 26 th of february 2010

Sign up: torben@aikido-copenhagen.dk

”Aikido is for the whole world” (O'sensei)